Check Out Energy Savings
Worksheet

EnergyTrust
of Oregon

Estimated monthly kWh							
Device	**Number of kWh** **Hours plugged in**	**x**	**Hours used** **per day**	**x**	**Days used** **per month**	**=**	**Monthly** **kWh**
Example: TV	*0.12*	*x*	*3*	*x*	*20*	*=*	*7.2*
TV		x		x		=	
DVD/VCR		x		x		=	
Cable box		x		x		=	
Video game system		x		x		=	
Modem or router		x		x		=	
Stereo equipment		x		x		=	
Lamp		x		x		=	
Microwave		x		x		=	
Other kitchen appliance		x		x		=	
Cell phone or battery charger		x		x		=	
Hair dryer		x		x		=	
Computer		x		x		=	
Printer		x		x		=	
		x		x		=	
		x		x		=	
		x		x		=	
		x		x		=	
		x		x		=	
		x		x		=	
		x		x		=	
		x		x		=	
		x		x		=	
		x		x		=	
		x		x		=	

Estimated monthly cost				
Device	**Monthly kWh**	**x**	**Utility bill rate***	**= Monthly energy cost**
TV		x		=
DVD/VCR		x		=
Cable box		x		=
Video game system		x		=
Modem or router		x		=
Stereo equipment		x		=
Lamp		x		=
Microwave		x		=
Other kitchen appliance		x		=
Cell phone or battery charger		x		=
Hair dryer		x		=
Computer		x		=
Printer		x		=
		x		=
		x		=
		x		=
		x		=
		x		=
		x		=
		x		=
		x		=
		x		=
		x		=
		x		=
		x		=
		x		=

*Refer to your electric utility bill or contact your local utility to determine your billing rate.